

# Behaviour Support Resource Team (BSRT) Lead Role: An Emerging Innovation and Its Implications for GEM Practice

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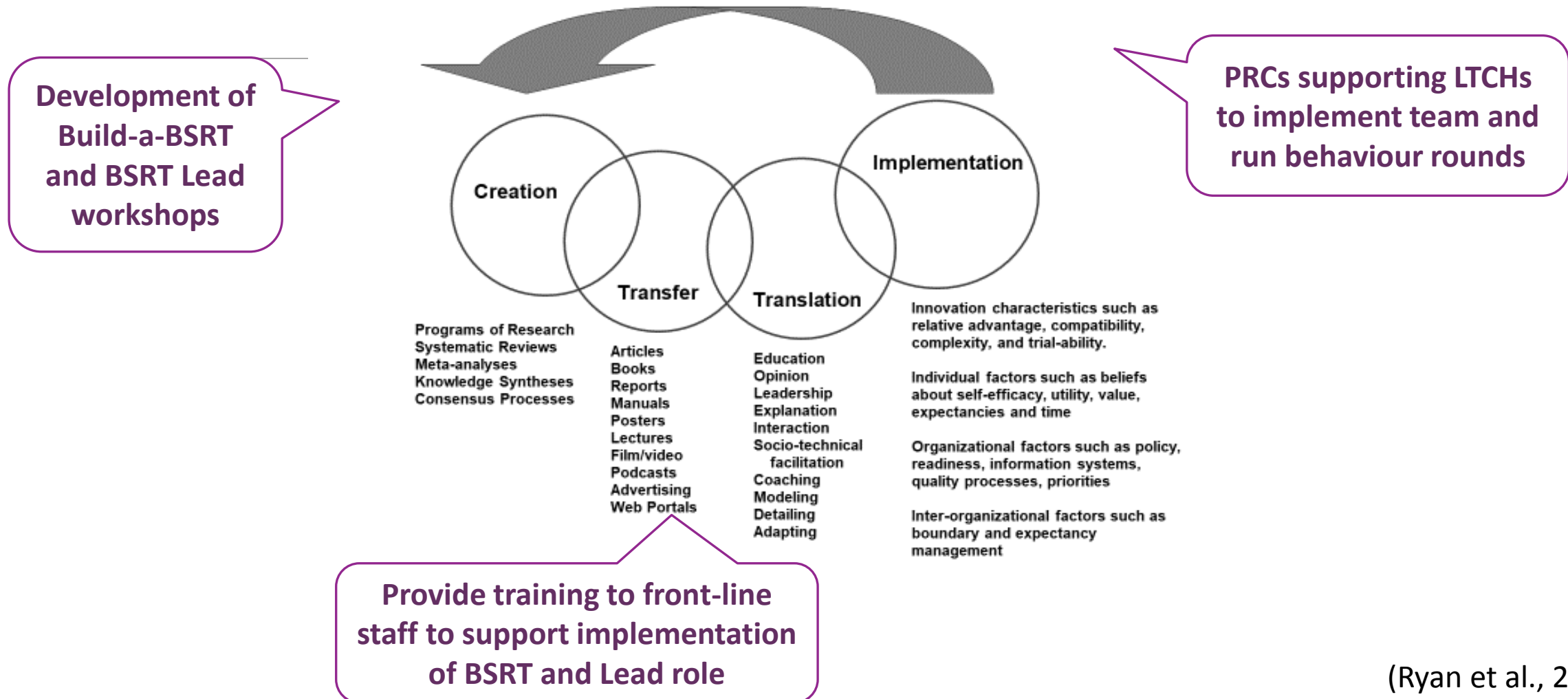
# Background - BSO



- First announced by MOHLTC in August 2011
- **Focus:** Collaborative care for seniors across Ontario who live and cope with responsive behaviours associated with dementia, mental illness, addictions and other neurological conditions
- **Purpose:** BSO is a comprehensive system re-design seeking cultural transformation by breaking down barriers, encouraging collaborative work, sharing knowledge and fostering partnerships amongst local, regional, and provincial agencies

# PRCs – KTP Specialists

Figure 1. A Knowledge-to-Practice Process Framework



(Ryan et al., 2013)

# PRC Innovations: Behaviour Support Resources

**Behaviour Support Resource Team (BSRT):** in-home team consisting of LTCH staff (regulated and unregulated) which serves as a peer resource on responsive behaviours to all LTCH staff in the facility

**BSRT Lead:** embedded champion in a LTCH who leads the BSRT to identify and support behavioural care planning, prepare cases for external team consultations, liaise with external resources including the emergency department



BUILDING A BEHAVIOUR  
SUPPORT RESOURCE TEAM



# Impact of BSRT Lead Training

	Pre	Post	Three months
Understand Lead Role	2.20	4.19	4.46
Confidence	3.47	4.44	4.43
Used skills			4.64
Practice Success			4.73



BSRT Lead Training, 2017

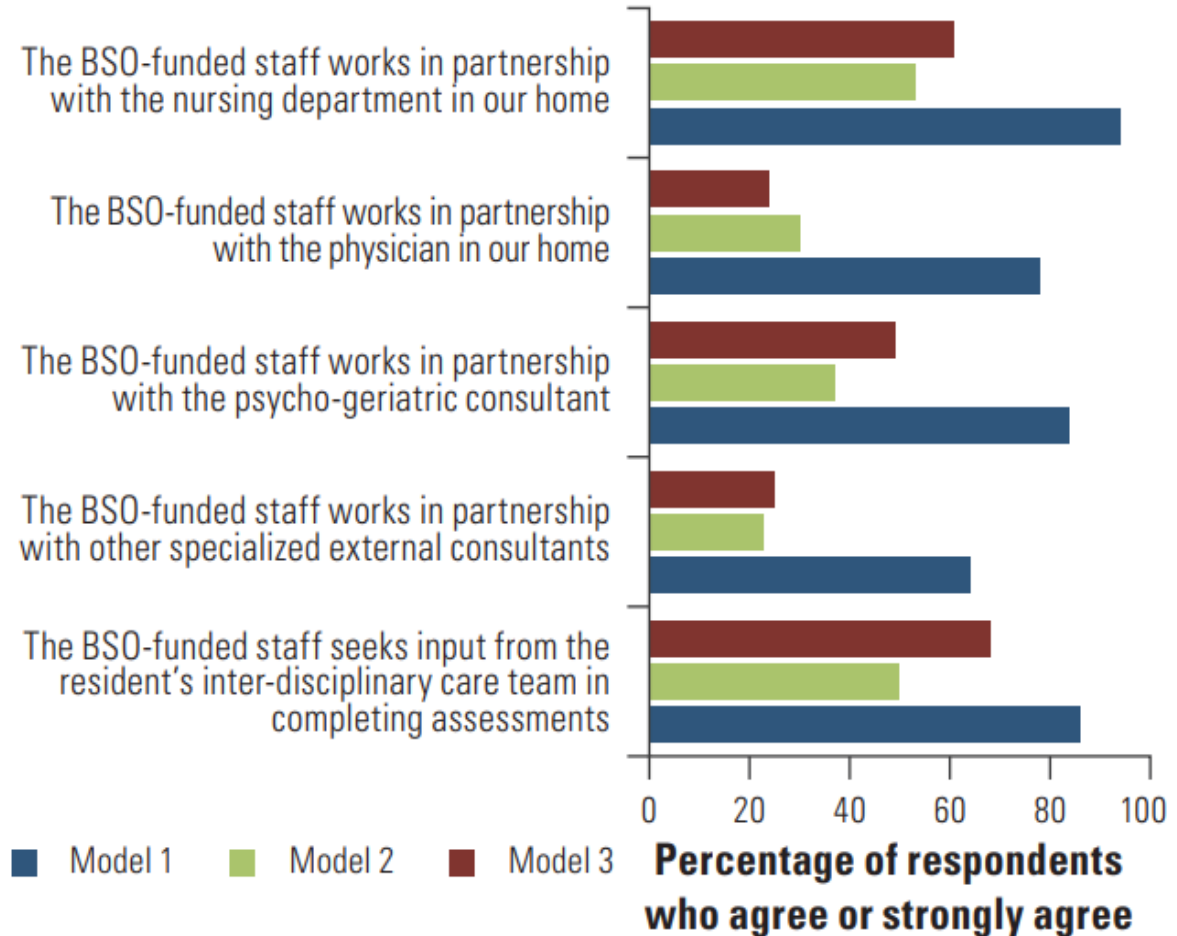
“In-home BSO teams outperform mobile teams across all key measures related to care planning... and resident outcomes”

**Mobile 1:** In-Home

**Mobile 2:** Mobile team that service a sub-LHIN area

**Mobile 3:** Mobile team that services an entire LHIN

**FIGURE 1.**  
**Collaboration and team building for three types of BSO team**



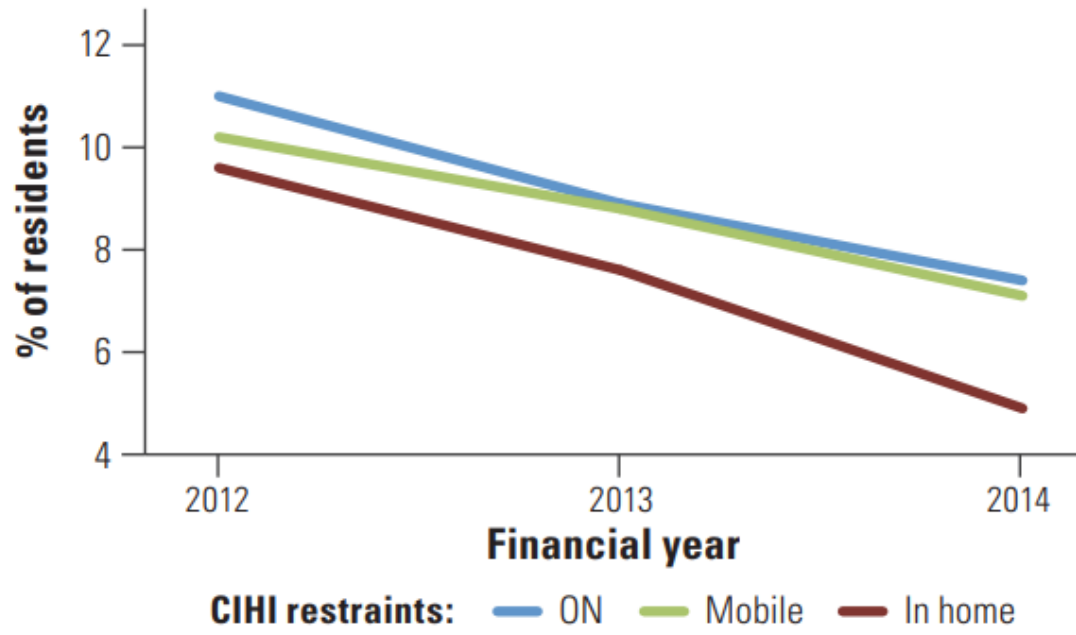
BSO = Behavioural Supports Ontario. Source: Ontario Long-Term Care Association survey.

(Grouchy et al., 2017)



**FIGURE 2.**

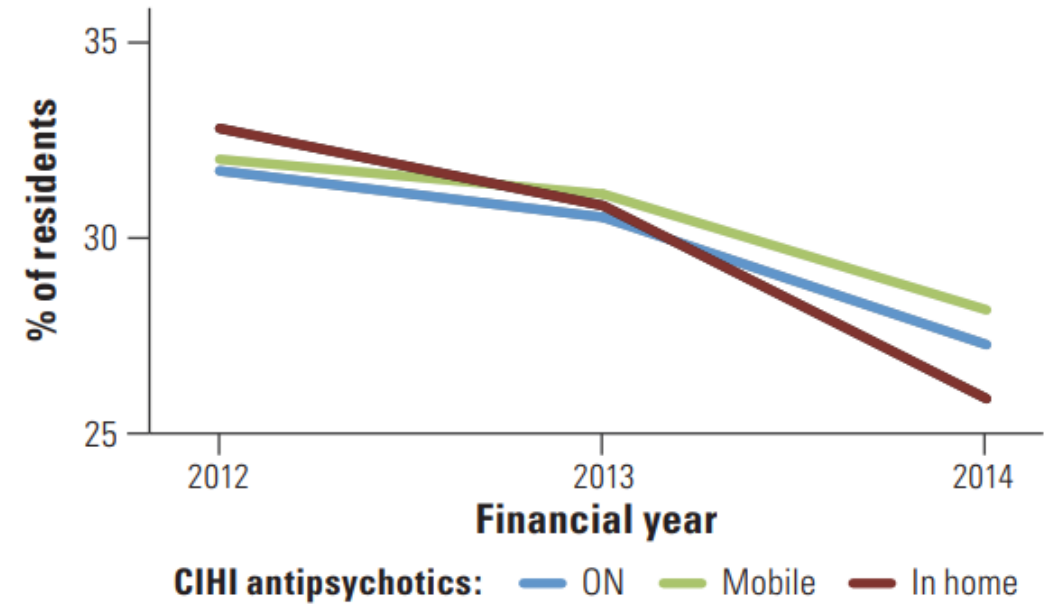
**Use of restraints in homes with in-home BSO teams and mobile teams from 2012 to 2014**



BSO = Behavioural Supports Ontario. Source: CIHI 2012, 2014, 2015.

**FIGURE 3.**

**Use of antipsychotics in homes with in-home BSO teams and mobile teams from 2012 to 2014**



BSO = Behavioural Supports Ontario. Source: CIHI 2012, 2014, 2015.

(Grouchy et al., 2017)

# BSRT Leads: Coming to a LTCH Near You

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- ED staff can link with BSRT leads to enhance behaviour management of residents with behaviours in the ED room
- BSRT Leads can provide:
  - A description of resident's responsive behaviours
  - Information on possible causes for responsive behaviours
  - Non-pharmacological strategies for managing responsive behaviours, e.g. communication strategies
  - Comprehensive behaviour management protocols, e.g. use of PRN
  - Point of contact at time of discharge to support transition planning



# References

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Grouchy, M., Cooper, N., & Wong, T. (2017). Implementation of behavioural supports Ontario (BSO): An evaluation of three models of care. *Healthcare Quarterly*, *19*(4), 69-73.

Ryan, D., Barnett, R., Cott, C., Dalziel, W., Gutmanis, I., Jewell, D., ... Puxty, J. (2013). Geriatrics, inter-professional practice and inter-organizational collaboration: A knowledge-to-practice process in primary care teams. *The Journal of Continuing Education in Health Professions*, *33*(3), 180-9. doi: 10.1002/chp2.21183